

FREEDOM IN CHRIST

DELIVERANCE & INNER HEALING



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The Ministry of Deliverance & Inner Healing

I. INTRODUCTION ~ SCRIPTURAL FOUNDATION

He was despised and rejected and forsaken by men, a man of sorrows and pain, and acquainted with grief and sickness for surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment] but He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and wellbeing for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole. Isaiah 53:3-5

According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love: Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, To the praise of the glory of his grace, wherein he hath made us accepted in the beloved. Ephesians 1:4-6

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery. Galatians 5:1

II. DEFINING DELIVERANCE

Common definition: The process of casting out demons in the name of Jesus.

My definition: Submitting our lives (spirit, soul and body) completely to Christ as our only Lord and appropriating the finished work of the cross so that He can destroy ALL the works of the devil.

❖ James 4:7

Therefore submit yourselves to God. Resist the devil, and he will flee from you.

Deliverance is inner healing when you consider deliverance is setting us free from anything (examples: demons, lies, offenses, wounds, trauma, rejection, anger, fear) that satan has used to keep eternal life and the Kingdom of God from fully manifesting in and through our whole being (spirit, soul, and body).

The key to freedom is the Lordship of Jesus Christ!

III. WHY MINISTER DELIVERANCE/INNER HEALING?

A. It is the way we love God

Jesus was the love of God manifested on the earth. Much of His ministry was deliverance (spirit, soul, and body). It is the way we love others by doing the highest good, which is whatever God's will is for them at that moment.

❖ Matthew 22:37-40

Jesus said to him, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment. And the second is like it, you shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets".

❖ John 14:23

Jesus answered and said to him, "If a man loves Me, he will keep My Word. And My Father will love him, and We will come to him and make Our abode with him".

B. Divine Order in Scripture

1. Proclaim the Gospel of Salvation
2. Whoever believes
3. In Jesus name, cast out demons
4. Lay hands on the sick and they will recover

❖ Mark 16:15-18

He said to them, "Go into all the world, proclaim the gospel to all the creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe in My name: they will cast out demons, they will speak in new tongues, they will pick up serpents with their hands, and if they drink any deadly poison, it will not hurt them; they will lay their hands on the sick, and they will recover".

C. Part of the Fullness of our Salvation

Definition of Salvation: deliverance, healing, and wholeness. *sōzō* (sode'-zo): to save, that is, deliver or protect (literally or figuratively): - heal, preserve, save (self), do well, be (make) whole.

God's will for an unbeliever is to be saved. God's will for a believer is for us to have the fullness of salvation manifesting in our whole being, which includes all the works of the devil being destroyed in our lives. Jesus did a complete work on the cross, it is finished. There is nothing we can add (not even our application of knowledge). However, we must appropriate the finished work of the cross in our lives by submitting to God and through abiding in Christ, faith, obedience, confession (prayer), repentance, and forgiveness.

In order to have all the works of the devil destroyed, we must be under the complete Lordship of Christ. We must put off the old self: "to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires" (Ephesians 4:22).

D. Deliverance is Part of the Biblical Commission

1. Removes hindrances so that people can receive from God and walk in their new nature, causing an acceleration in their growth and maturity.
2. Removes barriers to receiving the revelation and experiencing the love of the Father and Jesus as our bridegroom, which allows us to love Him and one another with the same love.
3. Prepares the church for what is coming – great glory, the great harvest, and great darkness, etc.
4. Restores true apostolic Christianity
5. Changes the current expression of Christianity
6. Brings people into the fullness of God
7. Is a necessary part of making disciples

IV. WHY HAS THE MAJORITY OF THE CHURCH SHRUNK BACK

A. People do not believe Christians can have demons.

A Christian cannot be possessed or demonized because God dwells in their spirit. However, they can be oppressed and tormented in their body and soul.

❖ 1 Thessalonians 5:23

Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.

❖ Luke 11:34-36

The light of the body is the eye. Therefore when your eye is sound, your whole body also is full of light. But when your eye is evil, your body also is full of darkness. Therefore take heed that the light in you is not darkness. Therefore if your whole body is full of light, having no part dark, the whole shall be full of light, as when the shining of a lamp enlightens you.

❖ Ephesians 4:22 –24

For you ought to put off the old man (according to your way of living before) who is corrupt according to the deceitful lusts, and be renewed in the spirit of your mind. And you should put on the new man, who according to God was created in righteousness and true holiness.

B. Many have not had the authority of Jesus to cast out demons because they:

1. Are not submitted to God
2. Lack intimacy with Him (authority comes from intimacy)
3. Have unbelief (prayer and fasting deals with unbelief)

❖ James 4:7-8

“Therefore submit yourselves to God. Resist the devil, and he will flee from you. Draw near to God, and He will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.”

❖ Matthew 17:20-21

“And Jesus said to them, Because of your unbelief. For truly I say to you, If you have faith like a grain of mustard seed, you shall say to this mountain, Move from here to there. And it shall move. And nothing shall be impossible to you. However, this kind does not go out except by prayer and fasting”.

C. Many do not believe the gifts of the Spirit and power of God are for today, including deliverance, healing, prophecy, etc.

D. Errors and Excesses

Many reacting to the excesses of years gone by have rejected its use or traded it in favor of some other method.

Many with good intentions have made regretful mistakes and have increased an individual's suffering

Many have focused on the demons rather than the individual's suffering

E. Ignorance

Many are misled to believe that when they received salvation, they are automatically free of all issues.

❖ Hosea 4:6:

My people are destroyed for lack of knowledge.

F. Lack of Discipleship

The church does not have a full revelation of the finished work of the cross and how to appropriate it for their lives, their authority, and who they are in Christ. We tell people that Jesus is the answer and that He will give them new life and set them free. However, we do not show them how. Therefore, we must disciple them.

There is no possibility of someone living in abundant life and holiness if they are not under the complete Lordship of Christ first. They cannot live under the complete Lordship of Christ unless they have made Him their Lord by giving Him complete authority over all the areas of their life, including the “old things”.

In order to give complete authority to Jesus Christ, they must be taught how and what to do. This is love - true discipleship – our commission.

❖ Matthew 28:20

Teaching them to observe all things, whatever I commanded you. And, behold, I am with you all the days until the end of the world. Amen.

V. WHO SHOULD MINISTER DELIVERANCE/INNER HEALING?

A. Deliverance is not a ministry that we can choose to do or not; it is basic Christianity. Jesus commissioned the 70, and we have been commissioned to do the same (Luke 10:17).

❖ Luke 4:18

The Spirit of the Lord is on ME; because of this He has anointed ME to Proclaim the Gospel to the poor. He has sent ME to heal the brokenhearted, to proclaim deliverance to the captives, and new sight to the blind, to set at liberty those having been crushed.

B. For the most part, we have not fulfilled this command. We have been given a great and complete salvation which has been neglected by many.

❖ Hebrews 2:3

How shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed unto us by those who heard Him.

VI. DO I HAVE ANYTHING TO BE AFRAID OF?

The devil is defeated for the cross rendered him powerless (Hebrews 2:14). As Christians, we must realize the exceeding greatness of the power of Jesus which has been given to us (Ephesians 1:18-22).

❖ 1 John 5:18

We know that everyone who has been born of God does not continue to sin, but the one born of God guards himself, and the evil one does not touch him.

❖ 1 John 4:4

Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world.

❖ 2 Thessalonians 3:3

But the Lord is faithful. He will establish you and guard you against the evil one.

VII. WHO ARE WE MINISTERING TO?

We are ministering to people. Stay focused on the individual, not the demon. We are to be transformed by the renewing of the mind (Romans 12:2), so our focus is in dealing with the strongholds and legal rights in love and truth. The demon is not the problem; it is a symptom. You are not fighting a demon; you are looking for the reason it has a legal right to be there.

The social stigma must be removed, and the focus put on Jesus and the person rather than the demon.

❖ 2 Timothy 2:25-26

In meekness instructing those who oppose, if perhaps God will give them repentance to the acknowledging of the truth, and that they awake out of the snare of the Devil, having been taken captive by him, so as to do the will of that one.

VIII. DELIVERANCE TO AN UNBELIEVER

The ministry of deliverance and healing must go hand in hand with the ministry of evangelism

❖ Mark 16:15-17

And he said unto them, Go ye into all the world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be condemned. And these signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues;

The occult, new age, and false religions are flourishing because the world is looking for answers. The church needs to demonstrate that we have the true answer.

❖ Preach the Gospel

❖ To whoever believes...

❖ Cast out demons

❖ Heal the sick

IX. HOW TO MINISTER DELIVERANCE

Repentance is the main key to effective deliverance. The more thorough the repentance, the easier will be the deliverance. Un-confessed sin, especially unforgiveness and judgments, give demons authority to remain. When deliverance prayer is greatly prolonged and ineffective, always go back to repentance.

Obey and just start doing it. To go through an experience is better than hearing about a hundred others.

Consider and love the person and not focus on the demons. Minister to the person in a spirit of love. We are ministering to people not demons.

Our trust must always be completely in the Lord (the Word, and the authority of the name of Jesus) not in a method or system.

❖ Matthew 6:24

No one can serve two masters; for either he will hate the one or love the other, or he will stand by and be devoted to the one and despise and be against the other. You cannot serve God and mammon (deceitful riches, money, or whatever is trusted in).

We should avoid using our own formulas. Let us rather remain faithful to the Word of God and return to the simplicity of what Jesus said.

The Word clearly states we are to do deliverance (everything) in the name of Jesus - not the blood of Jesus, etc. If there would be any other name in which we could minister; Jesus would have said so. We need to return to what Jesus taught.

❖ Luke 10:19-20

Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you. Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are written in heaven.

❖ Mark 16:17

And miraculous signs will follow to those believing these things: in My name they will cast out demons; they will speak new tongues.

❖ Philippians 2:9-11

Therefore God has highly exalted Him, and has given Him a name which is above every name, that at the name of Jesus every knee should bow, of heavenly ones, and of earthly ones, and of ones under the earth; and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

X. HOW LEGAL RIGHTS ARE GIVEN TO SATAN & HIS KINGDOM

There are three areas where sin and events can give legal rights to the enemy in our lives. When we sin, we are forgiven; however there can still be consequences for the sins committed; examples: break civil laws (rob a bank), break God's laws (commit adultery). Luke 11:34-35; I John 1:6 & 2:9, 11; John 8:34; Matthew 6:24.

A. BODY

Sexual contact outside the covenant of marriage - All sexual contact unites two people as one flesh. Because they are committing sin, evil spirits use this right and can pass between the two of them.

❖ Corinthians 6:16

Or do you not know that he being joined to a harlot is one body? For He says, "The two shall be one flesh."

❖ Mark 10:8

And the two of them shall be one flesh. So then they are no longer two, but one flesh.

Types of Sexual Contact:

1. Adults
2. Adult with Child
3. Adult with Teenager
4. Teenagers
5. Children
6. Same sex contact
7. Bestiality (sex with animals)

PRAYERS TO CANCEL THESE LEGAL RIGHTS: SEXUAL CONTACT

“Heavenly Father, I repent and ask for your forgiveness for my sexual sin of ____ (be specific; examples: fornication, adultery, homosexuality) with ____ (name of person, if known). I have sinned with my body which is your temple, and in doing so, I have sinned against You.” “In the name of Jesus, I renounce all authority I gave to ____ (name of the person, if known) or any evil spirits by submitting myself in offering my body to them. I renounce all sexual and spiritual bondage that came upon me because of these things.” “In the name of Jesus, I sever all ungodly soul ties with ____, (name of the person if known).”

Optional (be led by the Holy Spirit): “I send back any part of them that has remained in me, and I call back any part of myself that I lost to them. Father, I thank You that You sanctify these parts and restore them to me and make me whole.”

NOTE: The sending and calling back of parts cannot be specifically found in the Bible; however, removing the works of the enemy and restoration is a biblical principle. We have seen that many have received greater freedom when this is done. If there were multiple partners, the prayer above for calling and returning parts back can be done one time at the end to cover them as a group.

Pornography

Pornography can possibly cause soul ties - The word for prostitute in the Greek is “aporne”.

❖ Matthew 5:28

But I say to you that whoever looks on a woman to lust after her has already committed adultery with her in his heart.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: PORNOGRAPHY

“Heavenly Father, I ask your forgiveness for my sexual sin of pornography and ____ (related sins; examples: masturbation, sexual fantasy, etc.). I have sinned with my body which is your temple, and in doing so, I have sinned against You. I sever all soul ties with these images and people.”

Abortion

Abortion can bring bondage for the following reasons:

1. It is murder
2. The emotions it can produce (ex. guilt, judgment, self-hatred, anger, humiliation, shame)
3. The father of the aborted child (if involved) may need to receive deliverance ministry also.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: ABORTION

“Father, in the name of Jesus, I repent for committing abortion, which is murder. I ask You to forgive me for taking my child’s life. I also forgive myself, and I renounce all ____ (examples: guilt, shame, resentment). Because You have forgiven me, I forgive ____ (any person(s) who influenced, coerced, forced, were a party to the abortion). Father, I thank You that my child is with you in heaven and I will be with them for eternity. In the name of Jesus, I renounce ____ (examples: hate, anger, bitterness, etc.) and all spiritual bondage.”

B. SOUL (MIND, WILL, AND EMOTIONS)

1. Definition of a Stronghold

A fortified system of thought or imaginations empowered by emotions that produce actions, reactions, and behavior patterns contrary to the nature and mind of Christ.

- ❖ Beliefs, thoughts, and imaginations contrary to the knowledge of God can create strongholds (lies).
- ❖ II Corinthians 10:4-5
For the weapons of our warfare are not fleshly, but mighty through God to the pulling down of strongholds, pulling down imaginations and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought into the obedience of Christ.

Satan must have legal ground before he can gain access and build a stronghold. For deliverance, we must first cancel the legal rights and cast out the evil spirits (demons) who are using and empowering these strongholds.

2. Transformation

After deliverance, the person must build a new infrastructure of God and choose to walk by the Spirit rather than by the flesh. Their minds have to be renewed and their souls transformed.

The degree of freedom and abundant life that they walk in will be based primarily on what they do after deliverance. If a person does not do their part in renewing their mind, they can eventually end up worse than they were before deliverance.

- ❖ Matthew 12:43-45: "When the unclean spirit has gone out of a man, he walks through dry places seeking rest, and finds none. Then he said, I will return into my house from where I came out. And when he has come, he finds it empty, swept, and decorated. Then he goes and takes with him seven other spirits more evil than himself, and they enter in and live there. And the last state of that man is worse than the first. Even so it also shall be to this evil generation".
- ❖ Ephesians 6:12: "For we do not wrestle against flesh and blood, but against principalities, against powers, against the world's rulers, of the darkness of this age, against spiritual wickedness in high places".
- ❖ Romans 12:2: "And do not be conformed to this world, but be transformed by the renewing of your mind, in order to prove by you what is that good and pleasing and perfect will of God".

PRAYERS TO CANCEL THESE LEGAL RIGHTS: STRONGHOLDS/LIES

"Father, in the name of Jesus, I renounce and break agreement with the lie that ____ (say the lie that is believed and agreed with) and all ungodly beliefs. I thank You that the truth is ____" (ask them to speak the truth that destroys the lie; if necessary, help them with statements or scriptures that communicate the truth in the situation).

Words

Word curses and vows - Examples: "I want to die", "I'll never let that happen again", or "I will never do or be ____".

- ❖ Proverbs 18:21
Death and life are in the power of the tongue, and those who love it shall eat the fruit of it.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: WORDS/VOWS

“Father, in the name of Jesus, I renounce and break all agreement with any word curse that was spoken to me, by me, or over me.”

“Father, in the name of Jesus, I renounce and break agreement with the vow that _____” (whatever the vow was).

Unforgiveness

See “Keys to Forgiveness”.

❖ **Matthew 6:14-15**

For if you forgive men their trespasses, your Heavenly Father will also forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

❖ **Luke 6:37**

Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you shall be forgiven.

❖ **Matthew 18:33-35**

And should not you have had mercy on your fellow servant, as I had mercy on you?' And in anger his master delivered him to the jailers (tormentors), until he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart.

Anger

Anger can produce resentment, envy, pride, violence, and desire for vengeance, as well as roots of bitterness and lack of forgiveness. It is the basis for other situations which can grow from it (examples: fear, rejections, humiliation, pride, rebellion, sadness, depression, bitterness, gender problems). Many times depression is anger that has turned inward.

❖ **Ephesians 4:26-27**

When angry, do not sin; do not ever let your wrath (your exasperation, your fury or indignation) last until the sun goes down. Leave no (such) room or foothold for the devil (give no opportunity to him).

PRAYERS TO CANCEL THESE LEGAL RIGHTS: UNFORGIVENESS/ANGER

“Heavenly Father, in the name of Jesus, I forgive ____ not only with my emotions but with my will, in obedience to your Word. I forgive ____ for ____” (each specific thing).

“Father, in the name of Jesus, I renounce ____” (examples: anger, hate, resentment, bitterness, all fear, rejection, fear of rejection, humiliation, shame, insecurity, inferiority, disgrace, guilt, condemnation, depression, sadness, grief, loneliness, rebellion, helplessness). I renounce all spiritual bondage that came upon me as a result of these things.”

“In the name of Jesus, I bless _____. I cut all ungodly soul ties with _____. There is nothing they can do to repay the debt. I cancel the debt and accept the loss; they do not owe me anything, not even an apology. Heavenly Father, I believe you will restore everything that I have lost because of these things.”

Fear

As Christians, we should not fear anything (examples: heights, small spaces). Fear can produce all kinds of bondages and can manifest as obsessions, phobias, and convulsions. Parents often bind their children to fears by their words (“Don’t talk to strangers because they could hurt you”). Fears can come by witnessing or experiencing traumatic, violent, or fearful events, and can even come from watching TV or movies.

❖ 2 Timothy 1:7

For God has not given us the spirit of fear, but of power and of love and of a sound mind.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: FEAR

“Father, in the name of Jesus, forgive me for submitting to a spirit of fear. You have not given me a spirit of fear, but of power, love, and a sound mind (2 Timothy 1:7). In the name of Jesus, I renounce all spirits of fear that I submitted to and that overcame me because ____ (name the event or person that caused the fear). (If a person) I forgive and bless ____ (name of person), in the name of Jesus.”

Other areas of the soul – If these things were caused by a person, they need to be forgiven before these are renounced: rejection, resentment, reflections of pain, abuse of any kind, and anything that produces strong, ungodly emotions to which we have submitted.

C. SPIRIT REALM

Occult

We are not to learn anything from the kingdom of darkness as this is illegal knowledge. We do not need to study the occult or demons to do deliverance (example: I do not need to watch pornography for Jesus to use me to minister deliverance to a person bound in pornography).

❖ Deuteronomy 18:9-14

When you come to the land which Jehovah your God gives you, you shall not learn to do according to the abominations of those nations. There shall not be found among you anyone who makes his son or his daughter to pass through the fire, or that uses divination, an observer of clouds, or a fortune-teller, or a witch, or a charmer, or a consulter with familiar spirits, or a wizard, or one who calls to the dead. For all that do these things are an abomination to Jehovah. And because of these abominations Jehovah your God drives them out from before you. You shall be perfect with Jehovah your God. For these nations whom you shall possess listened to observers of clouds and to diviners. But as for you, Jehovah your God has not allowed you to do so”.

Occult practices - horoscope, tarot cards, Ojai board, palm readers; white magic and black magic; culture practices based on darkness and false religion; movies or videos with anything of the occult in them.

False religions - New Age, Christian Science, and all other false religions; martial arts and yoga (rooted in false religion), hypnotism and mental control.

Speaking to the dead - Asking dead saints for help; talking to the deceased as if they are alive, asking for help (examples: photograph or gravesite).

❖ Deuteronomy 18:11

There shall not be found among you...a charmer, or a consulter with familiar spirits, or a wizard, or one who calls to the dead.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: OCCULT

“In the name of Jesus, I repent and renounce going to ____ (example: fortune teller). I renounce and repent of seeking knowledge, help, and ____ (whatever the case; examples: blessing, protection, fertility, prosperity, healing) or anything else from a power other than you. Father, I renounce ____ (whatever media they used - examples: cards, horoscopes, etc. - renouncing all details that can be remembered). I renounce all spiritual authority that I gave to ____ (the person) and any evil spirits by submitting to them. I cut all soul ties with ____ (the person - say the name if known). I renounce all spiritual bondage that came on me as a result of these things.”

Idolatry

Praying to or possessing images and putting anything before or in addition to God.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: IDOLATRY

“In the name of Jesus, I repent and renounce the sin of putting other gods before You and seeking help and ____ (whatever the case; examples: knowledge, blessing, protection, fertility, prosperity, or healing) or anything else from a false god or a power other than You.

In the name of Jesus, I repent of and renounce ____ (be specific; example: kneeling in front of processions, asking ____ for ____, saying the rosary to ____, lighting candles to ____, burning incense, etc.). I break all ungodly soul ties with ____ (name of each idol and priest, if known.) I break all agreements that I made with the enemy by doing these things and renounce all spiritual authority I gave to ____ (a priest, false religion, etc.) or any demons by this idolatry. Thank you, Heavenly Father, that I am forgiven and cleansed from these sins and the enemy now has no rights to these areas of my life. They renounce fear, if any. I renounce all spiritual bondage that came upon me as a result of these things.”

Worldly Music

This can give legal rights to the enemy because of many reasons; for example, idolizing the performers, influence from the music and lyrics, and it can be a type of worship.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: WORLDLY MUSIC

“Father, in the name of Jesus, I repent and ask that You forgive me for listening to all ____ music (examples: rap, rock and roll, punk, country, etc.). I renounce agreement with these words and music that I listened to. I renounce all spiritual authority that I gave to these groups and to any evil spirits by submitting myself to them through this music” (be specific through the guidance of Holy Spirit in renouncing specific groups or lies in the lyrics).

Vows and Curses

Dedicated to anything to something other than God; any vows or curses with darkness must be renounced; curses against parents.

❖ Mark 7:10

For Moses said, Honor your father and your mother. And, Whoever curses father or mother let him die the death.

PRAYERS TO CANCEL THESE LEGAL RIGHTS: VOWS/CURSES

“Father, in the name of Jesus, I renounce and break the curse of _____” (whatever the curse is).

“Father, in the name of Jesus, I renounce and break agreement with the vow that _____” (whatever the vow was).

Note: The examples given in this manual are not by any means exhaustive; for example, you cannot cast out your carnal nature (flesh).

KEYS TO FORGIVENESS

I. DEFINITION OF FORGIVENESS

Forgiveness means that I forgive with my will, not only my emotions. It is a decision that I make in obedience to God and his Word whether I feel like forgiving or not.

A. Take a full account of the offense:

B. Recognizing the magnitude of the debt (you cannot forgive a \$1,000,000 debt as if it is a \$10 debt)

C. Confessing specifically the offense with your mouth – what was said, done, not said, not done, etc.

❖ Matthew 18:23

Therefore the kingdom of heaven may be compared to a king who wished to settle accounts (“take account of”, KJV) with his servants.

D. Completely cancel the debt and release the other person:

Recognizing that they can do nothing that could make up for the loss Not expecting them to do anything to make up for the loss (apologize, etc.) However, Jesus restores all that was lost

❖ Matthew 18:27

And out of pity for him, the master of that servant released him and forgave him the debt.

❖ Joel 2:25

I will restore to you the years that the swarming locust has eaten, the hopper, the destroyer, and the cutter, my great army, which I sent among you.

❖ Isaiah 61:3

...To appoint to those who mourn in Zion, to give to them beauty for ashes, the oil of joy for mourning, the mantle of praise for the spirit of heaviness.

E. Forgive, accept the loss, and bless them:

I forgive and accept the loss because the debt was paid, in full, for their sins and mine. I can forgive and release them because my Heavenly Father judged Jesus for what they did to me. Justice has been served. When I bless them, it releases God to move in their life and mine.

❖ Isaiah 53:5

But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed.

❖ Romans 12:14

Bless those who persecute you; bless and do not curse them.

❖ Job 42:10

And the Lord restored the fortunes of Job when he had (blessed and) prayed for his friends. And the Lord gave Job twice as much as he had before”.

In forgiving, I renounce my own anger for their sin because Jesus suffered the anger and wrath of God. He refused to make them feel His anger and, instead, extended love, acceptance, and fellowship. To forgive is to recognize how valuable they are and that they are far more important than the offense. It means that I rise above my feelings about the hurt or loss I have sustained. In love, I choose relationship over the offense or being right. I reach beyond the offense to the person and free them because that is what God has done for me.

II. WHAT FORGIVENESS IS NOT

- A. It is not denying or justifying the awfulness of the offense.
- B. It does not mean the person who committed the offense is not responsible for their actions before God and civil laws.
- C. It does not always mean reconciliation (which depends on the other person and circumstances) or that sometimes they will not have to earn my trust again.

III. RESULTS OF FORGIVENESS

- A. God forgives me and my shield of righteousness is intact against the enemy. I have canceled a legal right the enemy had in my life (pulled down a stronghold, closed a door), and I can break yokes that had formed.
- B. All evil spirits that tormented me and had access to my life because of these rights which are now cancelled have to leave. So now I can experience peace and love instead of the negative emotions that I had before.
- C. Jesus Christ is now Lord over this area of my soul, so healing and eternal life will manifest. Forgiving and canceling rights of the enemy opens the way for physical and emotional healing.

Additional forgiveness scriptures: Matthew 5:44; Matthew 6:12-15; Matthew 18:21-25; Luke 6:37; Luke 11:4; Luke 22:34; Galatians 5:19-20; Ephesians 4:26-27; Ephesians 4:31-32; Colossians 3:8; Colossians 3:13; I John 3:10; I John 4:20-21

9 STEPS TO MINISTER DELIVERANCE

1. Determine If the Person Is Having a Demonic Manifestation and Bind the Evil Spirits

There are 3 types of demonic manifestations:

Oppressed

The demon is not inside yet, but he is exerting an externally strong pressure in order to enter. Example: Demon oppresses with fearful thoughts, then the person allows fear to control their life (outside the body).

Tormented

The person has opened the door, and the demon is working from the inside. The devil has taken over at least one area of the person's life, and he is under satanic influence (inside the body, operating in the area of the soul - mind, will and emotions).

Possessed or Demonized

They have lost complete control of their life - body, soul and spirit. The demon enters through the mind (which he obstructs) then takes hold of the body. Finally, the demon quenches the spirit (inside the body, operating in the areas of the soul and spirit). (A Christian cannot be possessed)

Signs of Demonic Manifestations

Sudden movements	Loss of control of their movements
Supernatural knowledge	Nervous and sarcastic laughter
Superhuman strength	A glassy or distant look in eyes
Disfigured face	Hostile look/difficulty opening eyes or looking you in the eye
Vocal changes	Oppression/pressure in the chest, head or other parts of body
Blockage in the throat	Obvious manifestations - hissing, crawling like a snake, etc.

Other examples that can be a manifestation or expose the need for deliverance:

Screaming or shouting out of control	Excessive shaking of the whole body
Uncontrollable crying with grief	Falling to ground like fainting (can they hear you)

Take Authority in the Name of Jesus and Bind the Evil Spirits from Manifesting

Say: "You have to submit in the name of Jesus". Luke 10:17 covers all areas, not just the spiritual.

What Not to DO

- ❖ Do not allow the demons to talk.
- ❖ Do not shout.

- ❖ Do not begin rebuking and casting out demons every time there is a physical manifestation; simply bind them from manifesting. The Bible does not tell us to stir them up.
- ❖ If possible, do not minister deliverance in public as it shames the person. Demons want attention and are more prone to manifest in public.

If a team is ministering, only one person should take authority. The group can serve as support in prayer.

Once the spirit is bound, tell it: *"In the name of Jesus, you cannot hurt anyone"*. Only use physical force as a last resort if the demons are causing the person to do physical harm to you or someone else and will not submit to your commands.

2. If They Are Unconscious, Bring Them to Consciousness

Say the name of the person when known: "In the name of Jesus, take control over your mind and body. Come back now; and open your eyes." Command the demons to let the person come back.

- ❖ When they are withdrawn, it is usually fear. Tell them Jesus loves them and make them feel safe and loved. 1 John 4:18, "There is no fear in love, but perfect love casts out fear".
- ❖ If they cannot come back, tell them to say (in their mind): "God help me" or "Jesus".
- ❖ Jeremiah 33:3
It is written, call to me and I will answer you.

We want to talk to the person – not to start coming against the demons immediately. We are looking for the reason (legal ground or rights) why those demons have permission to be tormenting the person.

In love and gentleness, tell them they have a spiritual problem. Do not say anything that will offend or upset them (for example: "You are demonized").

3. Ask the Person If They Want to Be Free

Begin here if there is no demonic manifestation or they came to you for ministry.

No deliverance is possible unless the person consciously says, "Yes, I want to be free!"

If the answer is negative, pray for them and let them go. We cannot force anyone to be free. God deals with us on a personal basis and does not violate our will.

❖ Romans 14:12

So then each one of us will give account concerning himself to God.

4. Present the Plan of Salvation to Them if They Are Not Saved

To determine whether or not they are saved, you can ask, "If you died tonight, are you sure you would go to heaven?" If they answer yes, ask, "Why would God let you in?" You can determine if they are saved by the way they respond.

There is no salvation or deliverance without Christ, John 8:36.

Some people who do deliverance have a tendency to cast out demons first so that Christ can enter. I personally believe that is a backward approach. No one can fight against a kingdom without first deciding not to belong to it any longer. We may cast out some of the demons; however, since deliverance is part of salvation, they must be transferred out of the kingdom of darkness by receiving Christ. We first bind the demons so the person can receive salvation; then we proceed with the steps of deliverance.

Christians who express a desire to be free but do not want to repent and abandon their old practices usually cannot receive deliverance until they are willing to make that decision.

5. Discover the Areas Where the Enemy Has Been Given Legal Rights As A Consequence of Sin, Unforgiveness, Occult, and Fear

First pray and be absolutely dependent upon the Lord to guide the ministry time and reveal the things that He wants to deal with at that time.

❖ 1 Corinthians 4:5

Therefore judge nothing before the time, until the Lord comes, who both will bring to light the hidden things of darkness and will make manifest the counsels of the hearts. And then shall each one have praise of God.

Deliverance/Inner Healing is the consequence of an open and willing heart. If the person decides to hide something, it will be incomplete.

❖ Luke 6:45

The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

Investigate into the three areas to discover when and how the enemy gained legal ground: body (examples: abortion, sexual contact outside marriage), soul (examples: unforgiveness, traumatic events, lies, vows, word curses), and spirit realm (examples: occult, false religions, idolatry).

Find out what the wounds, bondages and strongholds are in their life by asking questions and allowing them to talk (Matthew 12:34). For example: How was your relationship with your father? Do not judge them or make them defensive: For example, do not say: "Who do you hate or have not forgiven?" Instead, say: "Has someone hurt you?"

6. **Repent, Forgive, Renounce, and Deal with the Thing That Caused the Oppression, Wound, Bondage or Stronghold**

This cancels the legal rights of the enemy and allows deliverance, which results in healing of their heart. Invite the person to repeat (or say) a prayer in the name of Jesus, forgiving and renouncing each specific situation that has been revealed as a cause.

❖ Titus 2:12

Training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age.

❖ Acts 19:18

And many who believed came and confessed and showed their deeds. (Some translations say, "renounced")

Demons are not omniscient; they cannot read our minds. Therefore all renouncing and forgiving must be done in an audible voice so the demons can hear the person's decision.

Use "Deliverance Prayers" as they apply to each event revealed by the Holy Spirit.

If another person was the cause, they need to state the specific situation and offense that they are forgiving. They should then bless the person who caused the problem.

They should renounce whatever emotions caused by the offense and to which they submitted.

If it is a lie, word curse, or vow, have them renounce what was said or believed. Ex: "I renounce the lie that God is like my father"; "I want to die"; I will never _____".

Renounce each specific act, ritual, vow, and dedication that had to do with the occult, false religions, etc.

Soul ties which were the result of sexual contact need to be broken and all authority that was given to that person needs to be renounced.

7. In the Name of Jesus, Break the Yokes

Break all yokes. As the person remembers, forgives, and renounces (examples: rejection, fear, spiritual bondage), we as ministers of the Gospel have to break these yokes immediately. When they renounce them, we break the yokes of what was just renounced.

❖ Isaiah 58:6

Is not this the fast that I have chosen? To loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed ones go free, and that you break every yoke?

8. In the Name of Jesus, Cast out the Evil Spirits

When we believe there is nothing else remaining in them, cast out the evil spirits (demons).

In the name of Jesus, cast out all evil spirits that are there because of the legal rights (which are now cancelled).

If you cast out the evil spirits and they start manifesting, they may just be resisting. However, if after several times they continue to manifest, stop and bind that spirit again, then continue investigating. Have them renounce, then you break the yokes and cast out the evil spirits.

If they manifest again, continue to pray and investigate. That is deliverance.

Demons have to leave in the name of Jesus. If they do not leave, it is because we have omitted something, and the demon still has a right to be there. It is never because of the lack of Jesus having power (Phil 2:9-11).

9. Have the Person Give Thanks to God, Then Confirm the Deliverance

After you have finished praying and casting out the demons, invite the person to give thanks to God for their deliverance. Lead them to declare that all the glory, honor, and power belong to God (Rev. 7:12).

Lead the person to pray for the fullness of the Holy Spirit.

❖ We do not only pray for people to be anointed. We lead them to pray themselves (Matt. 12:43-45). Example: "Lord, I give you thanks because you have delivered me. I now ask and receive your love, anointing, presence, and power".

❖ Have them begin to praise God. If it is difficult for them to glorify God freely, it could be a sign that all the evil spirits have not left yet. A demon cannot stand the fact that the person is trying to glorify God, and they may even start manifesting. Submit the evil spirit again (Step 2), and go back to Step 6.

Finally, the person who is in charge needs to verify the deliverance by praying for them with the laying on of hands. Looking them in the eyes, command any remaining evil spirits to leave. If the person manifests, submit the spirit. If necessary, go back to Step 6 and repeat the process. If there is no manifestation, continue to pray for the infilling of the Holy Spirit and whatever you are led to pray over them. This deliverance session is now completed.

Note: *In this teaching, “demons” and “evil spirits” refer to the same thing. The word “deliverance” also includes “inner healing”. Feel free to add or substitute inner healing, as needed, when ministering or teaching. See the teaching notes, prayers, and scriptures for more details and the scriptural foundation. My purpose is not to establish doctrine but that each person will search the scriptures and the guidance of the Holy Spirit in this process of deliverance, healing and wholeness. I have used these methods and prayers thousands of times individually and with large groups in many different situations with lasting, wonderful and glorious results!*

SUMMARY OF THE 9 STEPS TO MINISTER DELIVERANCE

Step 1: Determine If the Person Is Having a Demonic Manifestation and Bind the Evil Spirits

Say: "You have to submit in the name of Jesus".

Step 2: If They Are Unconscious, Bring Them to Consciousness

Say the name of the person when known: "In the name of Jesus, take control over your mind and body. Come back now; and open your eyes." Command the demons to let the person come back.

Step 3: Ask the Person If They Want to Be Free

Begin here if there is no demonic manifestation or they came to you for ministry.

If the answer is negative, pray for them and let them go. We cannot force anyone to be free. God deals with us on a personal basis and does not violate our will.

Step 4: Present the Plan of Salvation to Them if They Are Not Saved

To determine whether or not they are saved, you can ask, "If you died tonight, are you sure you would go to heaven?" If they answer yes, ask, "Why God would let you in?" You can determine if they are saved by the way they respond.

Step 5: Discover the Areas Where the Enemy Has Been Given Legal Rights As A Consequence of Sin, Unforgiveness, Occult, and Fear

Investigate into the three areas: body (examples: abortion, sexual contact outside marriage), soul (examples: unforgiveness, traumatic events, lies, vows, word curses.), and spirit realm (examples: occult, false religions, idolatry) to discover when and how the enemy gained legal ground.

Step 6: Repent, Forgive, Renounce, and Deal with the Thing That Caused the Oppression, Wound, Bondage or Stronghold

Use "Deliverance Prayers" as they apply to each event revealed by the Holy Spirit.

If another person was the cause, they need to state the specific situation and offense that they are forgiving. They should then bless the person who caused the problem. They should renounce all emotions, lies, vows and word curses connected with each event. Renounce each specific act, ritual, vow, and dedication that had to do with the occult, false religions, etc.

Soul ties which were the result of sexual contact need to be broken and all authority that was given to that person needs to be renounced.

Step 7: In the Name of Jesus, Break the Yokes

Break all yokes. As the person remembers, forgives and renounces, (examples: rejection, fear, spiritual bondage), we as ministers of the Gospel have to break these yokes immediately. When they renounce them, we break the yokes of what was just renounced.

Step 8: In the Name of Jesus, Cast out the Evil Spirits

In the name of Jesus, cast out all evil spirits that are there because of the legal rights (which are now cancelled).

Step 9: Have the Person Give Thanks to God, Then Confirm the Deliverance

Looking them in the eyes, command any remaining evil spirits to leave. If the person manifests, submit the spirit. If necessary, go back to Step 6 and repeat the process. If there is no manifestation, continue to pray for the infilling of the Holy Spirit and whatever you are led to pray over them. This deliverance session is now completed.

ADDITIONAL ADVICE TO MINISTER

1. The 9 Steps to Minister Deliverance that have been shared will prepare you for deliverance ministry. Listed below are some additional helpful bits of advice from combined experiences.
2. Do not minister to demons – minister deliverance to persons. It is wrong to get angry with the people to whom you are ministering or to scare them by screaming at the demon that is holding them captive. When you minister deliverance, be respectful, prudent and modest and try to talk and treat them the same way you would if they were not manifesting. You have God's child and the Bride of Christ in front of you.
3. Never judge anyone or give them the impression that you are surprised or judging them for what has happened in their lives.
4. Minister in a place where you can talk freely without any distractions or interruptions.
5. If a person manifests in public, submit the demon in the name of Jesus and when possible find a less public place to minister to them. You want to respect the person and not do anything that would shame them. Also, demons want attention and are more prone to manifest in public.
6. When there are several people involved, choose one person to take authority before the demons and instruct the others to support that person with intercessory prayer.
7. Sit or stand at a 90 degree angle from the person you are ministering to. Always keep your eyes open and look at their face to watch the person's reactions. If the person manifests, you could get hit if your eyes are closed. Demons can sometimes be very aggressive, and it is important to be attentive to their reactions.
8. Once the demon has been submitted, do not mention the blood of Christ. When demons hear words that mention the redeeming blood of Christ, they may turn very violent and could cause harm to the person.
9. Team ministry: Always try to minister with one support person. If the person being ministered to is a female, there should be another female (or male with another male).
10. Always try to minister to same sex. If it is not possible, do not minister alone with someone of the opposite sex in a private setting.
11. The support person should be interceding for the one ministering to the person. They should be near enough to hear but not be a distraction to the person being ministered to. If the Lord gives them something, they should write it down and get the minister's attention at the appropriate time. They can also take notes on things that need to be renounced so the one ministering does not forget. At the end of the session, always destroy or give notes to the person receiving ministry.

12. If the person asking for ministry is from another church, it is recommended that they ask their pastor first.
13. When possible, it is best to do deliverance at a church or ministry of which you are a part. Obtain permission first from your pastor and/or the person in authority.
14. Couples or families should not minister deliverance to one another unless there is no one else. Many times the person will not really open up. If they do, the things they share may cause hurt and rejection to the other person.
15. Always verify the deliverance before releasing the person (see Ministry Session Procedures).
16. After completing the deliverance, the person who has experienced a conversion and deliverance needs a follow-up. Ask the counselors or others in your congregation to disciple that person.
17. Though every believer has been given authority, it is best if the casting out of demons is not self-administered but completed by a Christian who assumes the authority of Christ in front of the demon oppressing the person, thus leading that individual to freedom.
18. If a person is following the prayers and steps on their own they should be told to stop if they feel like they begin to manifest in any way (confusion, pain or pressure in body, feeling sleepy, etc.). They can write down that event and finish with a minister.
19. If a person approaches you for ministry who explains that he or she is suffering some illness, pray for healing. Practice the ministry of healing – it is also part of the commandment that Jesus gave to His disciples. Do not assume that all problems are spiritual. If there are physical difficulties, face them for what they are and pray for healing.
20. If people are under the influence of excessive medication or alcohol, they may recover their sobriety when you pray for them. The Lord may be merciful and deliver them. If not, explain to them (or to the person who brought them) that they must be lucid and sober for you to minister to them. Pray for them, then recommend that they come back for further help when they are sober.
21. Never advise anyone to stop taking prescribed medication. We are not called to function as the Holy Spirit; he does not need us to take His place. If the Lord has healed someone, that person will automatically stop taking any medications. The person needs to move by faith, according to God's leading.

MINISTRY SESSION PROCEDURES

The following procedures are used before and after scheduled ministry sessions. Starting with the second session, begin the session with "IX - Opening Scripture".

I. PRAYER

The ideal is for the ministers to arrive one-half hour before the first appointment. The first 15 minutes of this time should be spent in worship and prayer, with the rest of the time doing the following things.

II. THE ROOM

Be sure to have written ministry prayers that you need to help you remember how to minister. Check the room to be sure that these things are ready:

- ❖ Waste basket lined with a plastic bag
- ❖ Water for everyone in session
- ❖ Box of Kleenex
- ❖ Bible
- ❖ Chairs in the proper position
- ❖ Communion items (optional)
- ❖ Legal pads and pens
- ❖ Ministry prayers for the person

III. MINISTRY REQUIREMENT

Please remember that in a private setting, a woman is not permitted to minister to a man nor is a man permitted to minister to a woman, unless another person is present. If there is no one available to be with you to meet this requirement, the appointment must be cancelled – no exceptions.

IV. TEAM MEMBERS

Minister and one or more intercessors (for training purposes, there can be as many intercessors as the person is comfortable with). When there are more than one intercessor, only the lead intercessor interacts with the minister and the other intercessors give their revelation to the lead intercessor.

V. ROLE OF THE INTERCESSOR

Prayer: Pray softly (whisper) during the entire session for the minister for wisdom, revelation, discernment, strength, and as the Holy Spirit leads you to pray for the minister. Intercessors do not to speak unless asked by the minister.

Ministry: Your intercession for the minister is critical to the session. If time permits, you will be able to pray for the person along with the minister at the end (see the section, "End of Session").

Notes: Take legible notes that are easy to read at a glance that include:

- ❖ Significant events or emotions described by the person.
- ❖ Revelation received from the Holy Spirit - identify with * in the margin and add this revelation to your intercession for the minister.
- ❖ If the minister is finishing a section without addressing a significant event or revelation, circle that part of your notes and discreetly indicate to the minister to look at what you circled.
- ❖ The minister will decide whether to read or incorporate it into this session.

VI. GETTING ACQUAINTED (MINISTER):

Ask the person to sit down. Start by introducing yourself and your intercessor. Ask a few questions just to get acquainted for 2 to 5 minutes (examples: Where do you work? Do you attend church somewhere? Do you have a family?).

VII. SALVATION:

Ask them: "If you were to die tonight, are you sure you would go to heaven?" If they say "yes", ask them: "On what basis do you think God will let you into heaven?" Unless he (she) is basing his (her) assurance of salvation on having received Jesus as Lord and Savior, you should assume he (she) is not saved and proceed to lead him (her) to Jesus.

Explaining Salvation - Show them the following scriptures to explain salvation:

Rom. 3:23	The need for salvation for all have sinned.
Rom 6:23	Spiritual death is separation from God now and forever, but eternal life is to be united to God now and forever; He gives us his life as a gift.
1 John 1:9	To give them faith that God will forgive and cleanse them.
John 1:12	If they do their part, believe in His name and receive Jesus, God gives them power to be made his child.
Rom 10:9-10	Our part is to believe the resurrection in our heart and confess with our mouth that Jesus is Lord; God's part is that He will then save us.
Eph. 2:10	Salvation is not dependent on our works; it is a gift of God.

PRAYER FOR SALVATION

"Heavenly Father, I repent of all my sins, and I ask You to forgive me. Thank You for sending your Son, Jesus, to take my punishment when He suffered and died on the cross. Thank you, Father, that according to your promise, I am forgiven and cleansed from all unrighteousness" (1 John 1:9).

"I confess with my mouth that You, Jesus, are my Lord and Savior. I believe in my heart that God raised You from the dead, so I am saved (Romans 10:9-10). I receive You, Jesus, as my Savior and believe in your name" (John 1:12).

“Heavenly Father, I thank You that according to your promise, I am now your child because I have received Jesus. Thank you that I am saved and forgiven and have a new, clean heart (2 Corinthians 5:17). When I die or when Jesus returns, I will go to heaven because I have received your free gift of salvation and eternal life. In the name of Jesus, amen.”

VIII. EXPLANATION OF MINISTRY TIME – Personalize for the Person

A. SOZO

Sozo means Salvation, deliverance, healing, and wholeness. Today, we are going to appropriate the deliverance part of the cross to your life. Jesus did a finished work on the cross. He did everything necessary so that you could be forgiven, and

He took all of your diseases, as well as your pains, sorrows, and griefs. He provided for your peace and well-being through His complete work on the cross so you could have abundant, eternal life in your whole being – your spirit, soul, and body. To receive the forgiveness provided by the work of the cross and to make it a reality in our lives, we need to say certain things in prayer. In the same way, we need to say certain things in prayer to receive into our lives the deliverance, healing and wholeness that is provided.

❖ Isaiah 53:3-5:

He was despised and rejected and forsaken by men, a man of sorrows and pain, and acquainted with grief and sickness, surely (name), He has borne your griefs, your sicknesses, weaknesses, and distresses and carried your sorrows and pains [of punishment], but He was wounded for your transgressions (name), He was bruised for your guilt and iniquities; the chastisement [needful to obtain] peace and well being for you) was upon Him, and with the stripes [that wounded] Him you are healed and made whole.

B. HOW WE GIVE LEGAL RIGHTS TO THE ENEMY

There are three areas where sin and events can give legal rights to the enemy in our lives. When we repent, we are forgiven; however there can still be consequences for the sins committed.

SPIRIT REALM:

The first area is the spirit and includes the occult and idolatry; examples are: praying to the dead (saints, ancestors, friends, etc.) or anyone other than God; idols; going to fortune tellers; false religions; occult practices; celebration of Halloween; hypnotism; certain music; and drugs.

BODY:

The second area is the body and includes all sexual contact outside marriage, with or without consent. 1 Corinthians 6:16 says: “Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, The

two will become one flesh". Having sexual contact outside marriage means two people become one flesh. Because they are committing sin, evil spirits use this right and can pass between the two of them. This area also includes abortion.

- ❖ Please note that in these two areas, even if you have repented and confessed the sexual sins or witchcraft, there can be consequences where the enemy may still have legal rights in these areas. So they need to be covered in a different way, breaking soul ties, renouncing, etc.

SOUL (mind, will and emotions):

The third area is the soul and includes the emotions. This is the area in which the enemy builds his strongholds. Strongholds are built by beliefs, thoughts, and imaginations contrary to the knowledge of God (lies).

- ❖ Definition of a stronghold:
A fortified system of thought or imaginations empowered by emotions that produce actions, reactions, and behavior patterns contrary to the nature and mind of Christ.
- ❖ 2 Corinthians 10:4-5:
"For the weapons of our warfare are not fleshly, but mighty through God to the pulling down of strongholds, pulling down imaginations and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought into the obedience of Christ".

Satan must have legal ground before he can gain access and build a stronghold. For deliverance, we must first cancel the legal rights of the enemy to this ground by forgiving, repenting, renouncing, and then casting out the evil spirits who are using and empowering these strongholds.

Secondly after deliverance, the person must build a new infrastructure that is of God and choose to walk by the Spirit rather than by the flesh. Their minds have to be renewed and their souls transformed. The degree of freedom and abundant life that they walk in will be based primarily on what they do after deliverance. If a person does not do their part in renewing their mind, they can eventually end up worse than they were before deliverance.

- ❖ Matthew 12:43-45
"When the unclean spirit has gone out of a person, it passes through waterless places seeking rest, but finds none. Then it says, 'I will return to my house from which I came.' And when it comes, it finds the house empty, swept, and put in order. Then it goes and brings with it seven other spirits more evil than itself, and they enter and dwell there, and the last state of that person is worse than the first".

Traumatic Events:

Events which caused fear and terror. It is not a sin to have these emotions; however, if we submit to them by not taking them captive, satan can be given the legal right to torment our emotions and minds with a spirit of fear in that area.

Offenses and Unforgiveness:

The area of the soul also includes offenses and unforgiveness.

❖ Ephesians 4:26-27

“When angry, do not sin; do not ever let your wrath (your exasperation, your fury or indignation) last until the sun goes down. Leave no (such) room or foothold for the devil (give no opportunity to him).”

Staying angry gives opportunity (place or rights) to the devil. Even if you do not feel unforgiveness or hurt at the present time toward someone, every time in your life that someone offended or hurt you and you did not forgive, you can give a legal right to satan in your life. There is no pressure on you, as the Holy Spirit will bring to remembrance what needs to be dealt with in this session. So although you may not feel hurt, offended, or angry toward these people now, it is time to deal with it when the Holy Spirit brings it up. The soul is the area from which most of our problems come. If the Holy Spirit brings up a specific situation with someone you have forgiven before, it usually means that God wants to take you deeper into forgiveness.

Confessions:

James 5:16 says: “Confess to one another your faults (your slips, false steps, offenses, sins) and pray (also) for one another, that you may be healed and restored (to a spiritual tone of mind and heart).”

This is not just physical healing; it is also healing for your soul. It is good to confess secrets and sins you have committed that you have never confessed to anyone, things you are ashamed of even before you were a Christian. Confession to another person takes away the authority of the enemy to cause guilt, shame, etc. When we have secrets that no one knows, it can keep us from receiving love and acceptance from others (even subconsciously). We often think, “If they knew these things about me, they would judge and reject me.”

Summary

Our purpose is to cover all three of these areas, cancel the rights of the enemy by forgiving, renouncing, and breaking the yokes so you can be free and Jesus can deliver, heal, and make you whole. This freedom can result in physical healing and make it possible for you to experience peace, joy, and a closer relationship with Jesus.

It is very important to open your heart and be honest about anything you have experienced. At the end of the session, you will tear up any notes taken during this time. Everything is confidential, and our desire is to love you and bring you to

freedom. Nothing you can say would make us judge you because we all have our own past and failures. If you hold something back, that is an area where you will not have victory today. We cannot help you appropriate the cross to that area until you are willing to surrender it. During your session, if you have any of these physical reactions, let me know so we can pray for you - pressure in your chest or throat, pain in your body, or have a hard time focusing. Do you have any questions?

IX. OPENING SCRIPTURE – personalize (skip this scripture if it was read earlier)

Isaiah 53:3-5

“He was despised and rejected and forsaken by men, a man of sorrows and pain, and acquainted with grief and sickness, surely (name), He has borne your griefs, [your sicknesses, weaknesses, and distresses] and carried your sorrows and pains [of punishment], but He was wounded for your transgressions (name), He was bruised for your guilt and iniquities; the chastisement [needful to obtain] peace and well being for you was upon Him, and with the stripes [that wounded] Him you are healed and made whole”.

A. OPENING PRAYERS (ask them to repeat):

“Heavenly Father, I trust your love and leadership of my life. I surrender my body, soul, and spirit completely to You. I ask that through the Holy Spirit you would reveal to me the areas where You want to bring truth, deliverance and healing. I thank you that there is no pressure on me and I can trust You to reveal and do whatever is needed.”

“Heavenly Father, I thank You that I am made in your image. You gave me my emotions; however, I repent for any time that I used them for sin or blocked or controlled them in an ungodly way. I choose now to surrender to You all my emotions. Help me to recognize, acknowledge, and feel any emotions that are connected to these memories and events that You want me to feel. I choose to trust in Your love and believe Your word that it is safe to give You that control. I surrender my whole heart to You, in the name of Jesus, amen.”

Minister: Pray a prayer over them like the following – personalize:

“Heavenly Father, I thank You that (name) is your favorite son/daughter. You love them so much that You crucified Jesus to make a way to restore them to Yourself and they could have abundant life here on the earth. So our confidence today is in Your love; our faith works through love. Our confidence is in the finished work of the cross. Everything has already been finished to provide freedom, healing, and victory for (name). Thank You that we can trust Your leadership completely. We believe You to bring to remembrance by the Holy Spirit everything that You want to deal with today. We submit this time completely to You. Have your way. We ask more than anything else that (name) would experience your love for them as Father and that everything that is done and said today will be a manifestation of Your love. Thank You that there is no pressure on us, and we can trust You completely. In the name of Jesus, I bind every evil spirit from manifesting in any way, from blocking the mind or emotions, or hindering in any way what God is doing during this time, in the name of Jesus, amen.”

B. BREAK YOKES FOR GENERATIONAL CURSES, OCCULT, AND SEXUAL CONTACT

Generational Curse Prayers they did before the ministry session

Ask if they have prayed in an audible voice the Generational Curse prayers that we gave them and if anything stood out that was in their ancestors (certain sins or diseases). If so, ask them to renounce that specifically, and the minister breaks the yoke of that sin, disease, etc.

Minister: Then pray the following over them:

Break yokes - "In the name of Jesus, I break all yokes and spiritual bondage that formed in their life and their descendants because of these things. I break all agreements with the enemy made by any of their ancestors. I decree that all legal rights the enemy had because of these things are now cancelled."

Cast out evil spirits when they are finished with this prayer.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

Occult Prayers and Idolatry Prayers they did before the ministry session

Ask if they prayed in an audible voice the deliverance prayers for all witchcraft, occult, and idolatry. **BE SURE THEY SAID THE PRAYER SEPARATELY FOR EACH EVENT AND FORGAVE ALL RELATED OFFENSES USING THE FORGIVENESS PRAYER.** (If they have not, make sure they have a copy of the prayers and explain that they need to pray the ones not covered today on their own before their next session.) When they tell you they have said these prayers, pray to break the yokes.

Minister: Then pray the following over them:

Break yokes - "In the name of Jesus, I break the yoke of ____ (mention what they renounced) and spiritual bondage. I break the yokes of everything they renounced and that formed in their life because of these events. I decree all legal rights the enemy had from these things are now cancelled."

Cast out evil spirits when they are finished with this prayer.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

Sexual Contact Prayers they did before the ministry session

Ask if they prayed in an audible voice the deliverance prayer for all sexual contacts outside of marriage. **BE SURE THEY SAID THE PRAYER SEPARATELY FOR EACH PERSON AND FORGAVE ALL THEIR OFFENSES USING THE FORGIVENESS PRAYER.** (If they have not, make sure they have a copy of the prayers and explain that they need to pray the ones not covered today on their own before their next session.) If it is sexual abuse or there is a lot to forgive in any relationship, they may want to do the prayer with the person ministering instead of praying it alone. When they tell you they have said these prayers, pray to break the yokes:

Minister: Then pray the following over them:

Break yokes - "In the name of Jesus, I break all yokes and sexual bondage that formed in their life because of these events. I decree that all legal rights the enemy had because of these things are now cancelled."

Cast out evil spirits when they are finished with this prayer.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

D. GETTING STARTED

We are not looking for any emotional response, but if you feel something, you should not block it. So if you need to cry, just allow God to pull those emotions out of your heart as you are forgiving. Even if you do not have an emotional response today, the Lord often brings those things later.

Pray with them asking the Holy Spirit to bring to mind the things that He wants to deal with today.

Ask them "What do you want the Lord to do for you today?" Their answer may indicate that they have specific things bothering them. If so, you may want to start there, leading them in the prayer of forgiveness. If not, then ask: "If Jesus could change one event from your life, something that happened to you, what would be the thing that has most hurt you, that has most affected you negatively, maybe even when you were a child?" According to their answer, start there to investigate and ask questions. When you know about someone who caused them harm, lead them in the "Prayer of Forgiveness" under the Area of the Soul of the Deliverance Prayers. Be careful about not letting them talk for a long time. They may talk for 5 minutes or so when it is the first few offenses they are mentioning. They will be covering the situation in more detail when actually forgiving specifically what the person did and said. Explain that at any time a specific event comes to their mind (even during the prayer), they should tell you - even if it does not seem to relate to the area you are dealing with at this time.

Other questions that you may use to get started are: "How was your relationship with your father?" If it is a woman and she has a lot of problems in her reproductive system (ovaries, uterus, or breasts), there are usually many offenses caused by men. You can ask, "Are there any men in your life who have caused you harm? Is there one who comes to mind? or Let's talk about the first one". You may just ask if someone has hurt them or if they have suffered because of what someone has done. If they do not bring something up at this time, begin with the father or mother, then lead them in the "Prayer of Forgiveness" under the Area of the Soul of the Deliverance Prayers.

If there is time during the session, you may continue to another area. Remember, if the Holy Spirit has them remember something about another area (Soul, Spirit, or Body) while praying the Forgiveness Prayers, you can deal with it after they finish the person they are forgiving.

E. END OF SESSION

The person who is in charge needs to verify the deliverance by praying for them, with the laying on of hands. Looking them in the eyes, command any remaining evil spirits in the name of Jesus. If the person manifests, submit the spirit (optional: have them cough again). If necessary, go back and repeat the process with other people to forgive or area of occult, idolatry, fear, etc. Ask the Holy Spirit to bring to mind what needs to be dealt with. When you have verified the deliverance and there is no manifestation, have them give thanks to God and worship, asking God to fill them.

The minister then prays for the infilling of the Holy Spirit, restoration, and whatever they are led to pray over them. If time allows, intercessors can also pray for them. It is during this time that God may move in healing, prophecy, and baptism of the Holy Spirit. The deliverance part of this session is now completed.

How to be Free ~ Explain how to stay free by advising them to do the following:

Be VERY aggressive about taking thoughts and emotions captive by resisting, renouncing, and confessing the opposite. Meditate and confess the FREEDOM scriptures and/or "Framing Your World" to renew your mind and bring about transformation. Be quick to FORGIVE specifically and renounce all the emotions as we did today.

Position your heart every day so the Holy Spirit can continue to reveal other people you need to forgive or other events which have given legal rights to the enemy. As God reveals these, use the appropriate Deliverance Prayers provided to cancel the legal rights of the enemy, then ask a Christian to break yokes and cast out evil spirits. If you have a difficult time as you are praying (pressure in your chest or throat, pain in your body, or have a hard time focusing), stop and write down where you were and wait until you can have a Christian help you with that prayer.

Note: If they are willing and you have not covered all the areas, ask them to schedule another appointment at a later date.

DELIVERANCE PRAYERS

If you are ministering to an individual or group with these prayers, have them repeat each one after you. When they have finished their part, pray over them the prayer that says "Minister". After completing an area of deliverance, then cast out the demons.

AREA OF THE SOUL

FORGIVENESS AND RENOUNCING EMOTIONS (ask them to repeat)

- ❖ **Forgive:** "Heavenly Father, in the name of Jesus, I forgive ____ not only with my emotions but with my will, in obedience to your Word. I forgive ____ for ____" (they say each specific thing the Holy Spirit brings to mind. The minister helps them renounce any lies or emotions that apply).
- ❖ **Renounce emotions:** "Father, in the name of Jesus, I renounce ____" (examples: anger, hate, resentment, bitterness, all fear, rejection, fear of rejection, humiliation, shame, insecurity, inferiority, disgrace, guilt, condemnation, depression, sadness, grief, loneliness, rebellion, helplessness) and anything else they felt (see Suggested Emotions on the next page). I renounce all spiritual bondage that came upon me as a result of these things."
- ❖ After completely forgiving their father or mother, help them renounce this lie: "I renounce the lie that God is like my (father/mother), and I declare the truth that God ____."
- ❖ **Bless, cut soul ties, and cancel debt:** "In the name of Jesus, I bless _____. I cut all ungodly soul ties with _____. There is nothing they can do to repay the debt. I cancel the debt and accept the loss; they do not owe me anything, not even an apology. Heavenly Father, I believe you will restore everything that I have lost because of these things."

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break the yoke of ____ (mention each emotion they renounced). I break the yokes of everything they renounced and that formed in their life because of these events. I decree all legal rights the enemy had from these things are now cancelled."

Cast out evil spirits as the Holy Spirit leads and when they are completely finished forgiving this person.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

SUGGESTED LIST OF EMOTIONS AND YOKES

They renounce what they felt from the offense personally and toward the other person. After they have renounced what they felt, the minister can suggest other emotions as led by the Holy Spirit from this list. Most common emotions are shown in bold.

Minister: Break the yokes after the person renounces the emotions and yokes.

INDECISION	DESIRE FOR SOMEONE'S DEATH	HATE OF SEX
ISOLATION	REVENGE	HATE OF WOMEN (MEN)
SENSE OF LOSS	INDEPENDENCE	IMMORALITY
DESPAIR	REBELLION	LUST
HOPELESSNESS	PRIDE	
ABANDONMENT	RESENTMENT	
PAIN, A BROKEN HEART	BITTERNESS	
SADNESS	ANGER	SELF-BLAME
LONELINESS	HATE	SELF ACCUSATION
DEPRESSION	RAGE	SELF-REJECTION
DESIRE TO DIE	VIOLENCE	SELF-HATE
GRIEF	JEALOUSY	FALSE RESPONSIBILITY
ANGUISH	DISRESPECT	REGRET
SELF-PITY	DISAPPROVAL	CONDEMNATION
APATHY	JUDGMENTS	GUILT
DISCOURAGEMENT	CRITICISM	SHAME

REJECTION

DISILLUSIONMENT	FEAR OF REJECTION	INSECURITY
DISAPPOINTMENT	FEAR OF INTIMACY	LACK OF SELF-CONFIDENCE
BETRAYAL	FEAR OF _____	INFERIORITY
DECEPTION	TIMIDITY	INSIGNIFICANCE
INJUSTICE	EMBARRASSMENT	WORTHLESSNESS
FRUSTRATION	HUMILIATION	VICTIM MENTALITY
DESPERATION	STIGMA OF _____	
CONFUSION	PANIC	
HELPLESSNESS	DISTRUST OF _____	

LIES, VOWS, CURSES AND WORDS (ask them to repeat)

LIES "Father, in the name of Jesus, I renounce and break agreement with the lie that _____ (say the lie that is believed) and all ungodly beliefs. I thank You that the truth is _____" (ask them to speak the truth that destroys the lie; if necessary, help them with statements or scriptures that communicate the truth).

VOWS "Father, in the name of Jesus, I renounce and break agreement with the vow that _____" (whatever the vow was).

CURSES "Father, in the name of Jesus, I renounce and break the curse of _____" (whatever the curse is).

WORDS "Father, in the name of Jesus, I renounce and break all agreement with any word curse that was spoken to me, by me, or over me."

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break all the yokes that formed in their life from these _____" (lies, vows, curses, words). I decree that all legal rights the enemy had because of these things are now cancelled." *Cast out evil spirits as the Holy Spirit leads and when they are completely finished with these areas.*

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

BONDAGE TO FEAR (ask them to repeat)

"Father, in the name of Jesus, forgive me for submitting to a spirit of fear. You have not given me a spirit of fear, but of power, love, and a sound mind (2 Timothy 1:7). In the name of Jesus, I renounce all spirits of fear that I submitted to and that overcame me because _____ (name the event or person that caused the fear). (If a person) I forgive and bless _____ (name of person), in the name of Jesus."

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break all the yokes of fear and bondage that formed in their life because of these events. I decree all legal rights the enemy had from these things are now cancelled." *Cast out evil spirits as the Holy Spirit leads and when they are completely finished with this area.*

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

TRAUMATIC EVENTS (ask them to repeat)

“In the name of Jesus, I renounce all ____ (death, fear, guilt, terror, etc.) that I submitted to and that overcame me because of ____ (specifically name the event).”

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break all the yokes of ____ (mention each emotion they renounced). I decree all legal rights the enemy had from these things are now cancelled.”

Cast out evil spirits as the Holy Spirit leads and when they are completely finished with this area.

Casting out evil spirits (demons) - “In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus”.

Continue to command them to go until you believe they have departed.

AREA OF THE SPIRIT

WITCHCRAFT, OCCULT, ETC. (ask them to repeat)

Changes can be made in the prayer to adapt to other areas of spiritual bondage.

“In the name of Jesus, I repent and renounce going to ____ (example: fortune teller). I renounce and repent of seeking knowledge, help, and ____ (whatever the case; examples: blessing, protection, fertility, prosperity, healing) or anything else from a power other than you. Father, I renounce ____ (whatever media they used - examples: cards, horoscopes, etc. - renouncing all details that can be remembered). I renounce all spiritual authority that I gave to ____ (the person) and any evil spirits by submitting to them. I cut all soul ties with ____ (the person - say the name if known). I renounce all spiritual bondage that came on me as a result of these things.”

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break the yoke of ____ (mention what they renounced) and spiritual bondage. I break the yokes of everything they renounced and that formed in their life because of these events. I decree all legal rights the enemy had from these things are now cancelled.”

Cast out evil spirits as the Holy Spirit leads and when they are completely finished with this area.

Casting out evil spirits (demons) - “In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus”.

Continue to command them to go until you believe they have departed.

IDOLATRY (ask them to repeat the prayer for each idol):

“In the name of Jesus, I repent and renounce the sin of putting other gods before You and seeking help and ____ (whatever the case; examples: knowledge, blessing, protection, fertility, prosperity, or healing) or anything else from a false god or a power other than You.

In the name of Jesus, I repent of and renounce ____ (be specific; example: kneeling in front of processions, asking ____ for ____, saying the rosary to ____, lighting candles to ____, burning incense, etc.). I break all ungodly soul ties with ____ (name of each idol and priest, if known.) I break all agreements that I made with the enemy by doing these things and renounce all spiritual authority I gave to ____ (a priest, false religion, etc.) or any demons by this idolatry. Thank you, Heavenly Father, that I am forgiven and cleansed from these sins and the enemy now has no rights to these areas of my life. They renounce fear, if any. I renounce all spiritual bondage that came upon me as a result of these things.”

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break all the yokes of idolatry and spiritual bondage that formed in their life because of these events. I decree all legal rights the enemy had from these things are now cancelled.”

Cast out evil spirits as the Holy Spirit leads and when they are completely finished with this area.

Casting out evil spirits (demons) - “In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus”.

Continue to command them to go until you believe they have departed.

GENERATIONAL WITCHCRAFT AND IDOLATRY (ask them to repeat)

“I recognize the sin of witchcraft (and/or idolatry) of my ancestors. In the name of Jesus, I cancel any rights the enemy had over my life because of these sins. Any agreement with the enemy that my ancestors made over my life is now cancelled, in the name of Jesus. My descendents and I are free from these sins and their effects.”

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break all yokes and spiritual bondage that formed in their life because of their ancestors’ sins. I break all agreements with the enemy made by any of their ancestors. I decree that all legal rights the enemy had because of these things are now cancelled.”

Cast out evil spirits when they are finished with this prayer.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

WORLDLY MUSIC (ask them to repeat)

"Father, in the name of Jesus, I repent and ask that You forgive me for listening to all _____ music (examples: rap, rock and roll, punk, country, etc.). I renounce agreement with these words and music that I listened to. I renounce all spiritual authority that I gave to these groups and to any evil spirits by submitting myself to them through this music" (be specific through the guidance of Holy Spirit in renouncing specific groups or lies in the lyrics).

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break all yokes and spiritual bondage that formed in their life because of listening to this music. I decree that all legal rights the enemy had because of these things are now cancelled."

Cast out evil spirits as the Holy Spirit leads and when they are finished with this area.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

AREA OF THE BODY

SEXUAL CONTACT OUTSIDE OF MARRIAGE (ask them to repeat for each person)

If the sexual contact was without consent, forgive the person first, using the "Forgiveness and Renouncing Emotions" prayers under the Area of the Soul and skip the first prayer below. Renounce any emotions, lies, and vows because of the abuse, especially hate of sex, hate of women or men, reaction of disgust to genitals, shame, etc. (see "List of Suggested Emotions and Yokes").

"Heavenly Father, I repent and ask for your forgiveness for my sexual sin of _____ (be specific; examples: fornication, adultery, homosexuality) with _____ (name of person, if known). I have sinned with my body which is your temple, and in doing so, I have sinned against You."

"In the name of Jesus, I renounce all authority I gave to _____ (name of the person, if known) or any evil spirits by submitting myself in offering my body to them. I renounce all sexual and spiritual bondage that came upon me because of these things".

"In the name of Jesus, I sever all ungodly soul ties with _____,(name of the person if known)."

Optional (be led by the Holy Spirit): "I send back any part of them that has remained in me, and I call back any part of myself that I lost to them. Father, I thank You that You sanctify these parts and restore them to me and make me whole."

NOTE: The sending and calling back of parts cannot be specifically found in the Bible; however, removing the works of the enemy and restoration is a biblical principle. We have seen that many have received greater freedom when this is done. If there were multiple partners, the prayer above for calling and returning parts back can be done one time at the end to cover them as a group.

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break all yokes and sexual bondage that formed in their life because of these events. I decree that all legal rights the enemy had because of these things are now cancelled."

Cast out evil spirits as the Holy Spirit leads and when they are finished with this area.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

PORNOGRAPHY (ask them to repeat)

"Heavenly Father, I ask your forgiveness for my sexual sin of pornography and ____ (related sins; examples: masturbation, sexual fantasy, etc.). I have sinned with my body which is your temple, and in doing so, I have sinned against You. I sever all soul ties with these images and people."

Minister (they do not repeat):

Break yokes - "In the name of Jesus, I break all yokes of pornography (and other sins repented of) and sexual bondage that formed in their life because of these events. I decree that all legal rights the enemy had because of these things are now cancelled."

Cast out evil spirits as the Holy Spirit leads and when they are finished with this area.

Casting out evil spirits (demons) - "In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus".

Continue to command them to go until you believe they have departed.

ABORTION (ask them to repeat)

"Father, in the name of Jesus, I repent for committing abortion, which is murder. I ask You to forgive me for taking my child's life. I also forgive myself, and I renounce all ____ (examples: guilt, shame, resentment). Because You have forgiven me, I forgive ____ (any

persons who influenced, coerced, forced, manipulated you into, or was a party to the abortion). Father, I thank You that my child is with you in heaven and I will be with them for eternity. In the name of Jesus, I renounce ____ (examples: hate, anger, bitterness, etc.) and all spiritual bondage.”

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break all yokes and spiritual bondage that formed in their life because of this sin of abortion. I decree that all legal rights the enemy had because of these things are now cancelled.”

Cast out evil spirits as the Holy Spirit leads and when they are finished with this area.

Casting out evil spirits (demons) - “In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus”.

Continue to command them to go until you believe they have departed.

DRUGS, ALCOHOL, ETC. (ask them to repeat)

Use this prayer after leading them in the prayer “Forgiveness and Renouncing Emotions” under the section Area of the Soul, so they can forgive people for offenses or abuses that may have caused them to seek drugs, etc., to escape the pain. Also lead them in the prayers for any occult or sexual practices related to their taking drugs, etc.

“Heavenly Father, I repent for the sin of taking ____ (name the drugs, alcohol, etc.). I repent for ____ (any sins related to drugs; examples: lying, stealing, neglecting family, etc.). I forgive ____ for getting me started in taking drugs (if anybody did). I renounce all spiritual bondage that came upon me as a result of these things.”

Help them renounce any lies or emotions that apply as the Holy Spirit brings them to their mind; see “Suggested List of Emotions and Yokes” and “Lies, Vows, Curses and Words” under the Area of the Soul.

Minister (they do not repeat):

Break yokes - “In the name of Jesus, I break all yokes of ____ (name the drugs, alcohol, etc. that they renounced) and all spiritual bondage that formed in their life because of these events. I decree that all legal rights the enemy had because of these things are now cancelled.”

Cast out evil spirits as the Holy Spirit leads and when they are finished with this area.

Casting out evil spirits (demons) - “In the name of Jesus, I command every evil spirit that has had access because of these things to release and go from (name) now without harming them in any way. Your legal rights have been cancelled. I forbid you to hide or stay; you must go, in the name of Jesus”.

Continue to command them to go until you believe they have departed.

PRAYERS FOR GENERATIONAL CURSES

PRAYER FOR BREAKING CURSES

Today Jesus, I declare that You are my Lord and Savior. I believe that You died on the cross for My sins. I thank You that You took my sins and curses to the cross and that You became a curse for me.

In the name of Jesus, I renounce any curse placed on my life. I ask that the blood of Jesus cleanse me and set me free in these areas.

I acknowledge, repent of, and renounce any curse, gossip, negative words, anger, and judgment that I have spoken against people, knowingly or unknowingly. Please forgive me.

I release myself and others from the power and effect of these words, in the name of Jesus.

I bless those who curse me.

PRAYER FOR BREAKING GENERATIONAL CURSES

Jesus, I come before You today and acknowledge that You are my Lord and Savior. I believe You died on the cross for my sins and the sins of my ancestors. You took our sin and curses to the cross and You exchanged curses for blessings and defeated satan and his powers.

I acknowledge, confess, repent of, and renounce sins and curses in our family line (mother and father).

As Jeremiah prayed in Jeremiah 14:20, "We acknowledge, Oh Lord, our wickedness and the iniquity of our fathers, for we have sinned against You". Lord, we do the same today. I choose to forgive my ancestors for their sins, and I release them in forgiveness. No longer do I blame them for the condition of my life.

I acknowledge, confess, repent of, and renounce all ungodly thoughts, negativity, gossip, bitter words, vows, judgments, curses, ungodly covenants and beliefs from my ancestors and in my life (examples: pride, anger, violence, fear, bitterness, shame, witchcraft, and hatred of men and/or women).

I acknowledge, confess, repent of, and renounce all rejection in my ancestors and myself.

I acknowledge, confess, repent of, and renounce ownership of all addictions in my ancestors and myself (examples: alcohol, nicotine, drugs, food, pornography, TV, video games, computer, and other false comforts).

I acknowledge, confess, repent of, and renounce all sexual sin in my ancestors and myself (examples: adultery, fornication, homosexuality/lesbianism, incest, lust, masturbation, prostitution, rape, sexual abuse, bestiality, obsessions and perversions).

I acknowledge, confess, repent of, and renounce the destruction of marriage and family through divorce from my ancestors and myself.

I acknowledge, confess, repent of, and renounce the curse of Freemasonry in my family line (known and unknown) and myself. I renounce every word, action, and agreement with Freemasonry relating to all degrees and everything they represent spiritually.

I acknowledge, confess, repent of, and renounce any connection of my ancestors or myself of being part of any ungodly organization, secret society, college fraternity or sorority. I renounce all vows, secret handgrips, traditions, emblems and badges associated with those organizations. I renounce the effects that these curses have had on my family and me.

I acknowledge, confess, and repent of, and renounce untimely death, physically and spiritually, of my ancestors and myself (examples: abortion, death in the womb, premature death, sudden and traumatic death, suicide, murder/war, unresolved grief, anger, bitterness, resentment, fear, loss of dreams and hope).

I acknowledge, confess, repent of, and renounce the effects of guilt, false guilt, and fear, of my ancestors and myself.

I acknowledge, confess, and renounce of the effects of war on my ancestors and myself (examples: loss of family, homes, land, possessions, finances, health, destruction and pride).

I acknowledge, confess, and renounce all religious restrictions and constrictions from a Christian church, denomination, or a different religion on my ancestors or myself (examples: legalism, false doctrine, spiritual abuse, oaths, vows, and rituals).

I acknowledge, confess, repent of, and renounce all involvement with the occult by my ancestors and myself. I recognize that supernatural knowledge and power not coming from God is evil. I renounce every agreement, covenant, and blood covenant involved with the occult that has affected my ancestors and me.

I acknowledge, confess, repent of, and renounce where my family line has not taught the ways of God to my ancestors or me (examples: loss of Godly blessings, heritage, inheritance, and reaping the consequences of sin – sickness and poverty).

I acknowledge, confess, repent of, and renounce any ungodly soul ties in the lives of my ancestors or my life.

I acknowledge, confess, repent of, and renounce ungodly attitudes, practices, and involvement in the cultural background of my ancestors (examples: prejudice, superiority, pride, shame, and ungodly things in culture).

I acknowledge, confess, and renounce all hereditary illnesses and weaknesses in my ancestors and myself.

I acknowledge, confess, repent of, and renounce generational curses or sins in financial areas. In my finances, I resolve to be obedient to the Lord in finance, tithes and offerings.

Forgive me, Lord, for blaming You, blaming others, and blaming myself.

In the name of Jesus, I acknowledge, confess, repent of, renounce, and release my ancestors, family, and myself from curses and generational curses.

In the name of Jesus Christ, I bind any demonic spirits and powers involved in curses and generational curses in my bloodline and my life. I command satan to loose his hold over all areas of the lives of my family and myself.

Heavenly Father, I receive Your forgiveness and freedom today.

Note: Some people may have difficulty praying these prayers and will need prayer for deliverance in some areas. You may wish to take communion after finishing these prayers.

FREEDOM SCRIPTURES

I. God's Love and Faithfulness to Me

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. John 3:16

I have loved you with an everlasting love; therefore I have continued my faithfulness to you. Jeremiah 31:3

For the Father himself loves you, because you have loved me and have believed that I came from God. John 16:27

I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. John 17:23

But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ--by grace you have been saved--and raised us up with him and seated us with him in the heavenly places in Christ Jesus. Eph 2:4-6

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. Romans 8:38-39

For I know the plans I have for you, declares the LORD, plans for wholeness and not for evil, to give you a future and a hope. Jeremiah 29:11

And he said to him, 'Son, you are always with me, and all that is mine is yours. Luke 15:31

II. He Calls Me Beautiful

Behold, you are beautiful, my love; behold, you are beautiful; your eyes are doves. Behold, you are beautiful, my beloved, truly delightful. Our bed is green. Song of Solomon 1:15-16

How beautiful is your love, my sister, my bride! How much better is your love than wine, and the fragrance of your oils than any spice! Song of Solomon 4:10

III. I Am Free In My Father and He Is For Me

There is therefore now no condemnation for those who are in Christ Jesus. Romans 8:1

For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. Romans 8:2

What then shall we say to these things? If God is for us, who can be against us? Romans 8:31

IV. Nothing Can Separate Me from My Father's Love

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. Romans 8:39

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. Hebrews 4:16

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. 1 John 4:18

For thus says the LORD: "Behold, I will extend peace to her like a river, and the glory of the nations like an overflowing stream; and you shall nurse, you shall be carried upon her hip, and bounced upon her knees. As one whom his mother comforts, so I will comfort you; you shall be comforted in Jerusalem. Isaiah 66:12-13

V. Love by God

So that Christ may dwell in your hearts through faith--that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. Eph 3:17-19

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. John 3:16

The LORD appeared to him from far away. I have loved you with an everlasting love; therefore I have continued my faithfulness to you. Jer 31:3

In that day you will ask in my name, and I do not say to you that I will ask the Father on your behalf; for the Father himself loves you, because you have loved me and have believed that I came from God. John 16:26-27

I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and loved them even as you loved me. John 17:23

But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ--by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus. Eph 2:4-6

VI. Forgiveness

Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours. And whenever you stand praying, forgive, if you have anything against anyone, so that your Father also who is in heaven may forgive you your trespasses." Mar 11:24-25

So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. Mat 5:23-24

So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart." Mat 18:35

Then Peter came up and said to him, "Lord, how often will my brother sin against me, and I forgive him? As many as seven times?" Mat 18:21

Jesus said to him, "I do not say to you seven times, but seventy times seven. Mat 18:22

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses. Mat 6:14-15

"I, I am he who blots out your transgressions for my own sake, and I will not remember your sins. Isa 43:25

The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise. Psa 51:17

And no longer shall each one teach his neighbor and each his brother, saying, 'Know the LORD,' for they shall all know me, from the least of them to the greatest, declares the LORD. For I will forgive their iniquity, and I will remember their sin no more." Jer 31:34

VII. Fear

There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. 1John 4:18

For God gave us a spirit not of fear but of power and love and a sound mind. 2 Ti 1:7

Be strong and courageous. Do not fear or be in dread of them, for it is the LORD your God who goes with you. He will not leave you or forsake you. It is the LORD who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed." Deu 31:6-8

The LORD made a covenant with them and commanded them, "You shall not fear other gods or bow yourselves to them or serve them or sacrifice to them. 2Ki 17:35

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. Psa 23:4

Of David. The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid? Psa 27:1

Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident. Psa 27:3

Do not fear; for I am with you; be not dismayed; for I am your God. I will make you strong; yes, I will help you; yes, I will uphold you with the right hand of My righteousness. Isa 41:10

"Fear not, for you will not be ashamed; be not confounded, for you will not be disgraced; for you will forget the shame of your youth, and the reproach of your widowhood you will remember no more. Isa 54:4

For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" Rom 8:15

So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?" Heb 13:6

VIII. Rejection

Behold, I am with you and will keep you wherever you go, and will bring you back to this land. For I will not leave you until I have done what I have promised you." Gen 28:15

What then shall we say to these things? If God is for us, who can be against us? Rom 8:31

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? Rom 8:35

IX. Abandonment/Accepted

"I will not leave you as orphans; I will come to you. Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. John 14:18-19

"Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. And you know the way to where I am going." John 14:1-4

As a pleasing aroma I will accept you, when I bring you out from the peoples and gather you out of the countries where you have been scattered. And I will manifest my holiness among you in the sight of the nations. Eze 20:41

But those that were sown on the good soil are the ones who hear the word and accept it and bear fruit, thirtyfold and sixty-fold and a hundredfold." Mar 4:20

But to all who did receive him, who believed in his name, he gave the right to become children of God. John 1:12

No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. John 15:15

He predestined us for adoption through Jesus Christ, according to the purpose of his will. Eph 1:5

X. Judgment

For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only Son of God. And this is the judgment: the light has come into the world, and people loved the darkness rather than the light because their deeds were evil. John 3:17-19

The Father judges no one, but has given all judgment to the Son. John 5:22

If anyone hears my words and does not keep them, I do not judge him; for I did not come to judge the world but to save the world. John 12:47

XI. Trust / Faith

"Let not your hearts be troubled. Believe in God; believe also in me. In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. And you know the way to where I am going." John 14:1-4

And those who know your name put their trust in you, for you, O LORD, have not forsaken those who seek you. Psa 9:10

O my God, in you I trust; let me not be put to shame; let not my enemies exult over me. Psa 25:2

But I trust in you, O LORD; I say, "You are my God." Psa 31:14

For our heart is glad in him, because we trust in his holy name. Psa 33:21

When I am afraid, I put my trust in you. Psa 56:3

"Blessed is the man who trusts in the LORD, whose trust is the LORD. Jer 17:7

And whatever you ask in prayer, you will receive, if you have faith." Mat 21:22